

ALPINE CLUB OF PAKISTAN

CODE OF CONDUCT

1. PREAMBLE

This Code of Conduct is meant to regulate the expected behaviour that may provide discipline and fair play opportunity in a safe and secure environment for development of competitive climbing sports and allied activities.

2. MISSION

This code of conduct indicates the standard of behavior expected from persons associated with the activities of Alpine Club of Pakistan such as athletes, technical officials, parents etc. It is a formal statement of the values and ethical standards that guide individuals in sport. It is a set of principles, and norms to which sporting people can be held accountable. This can also be used as a point of reference when dealing with disciplinary actions.

3. HISTORICAL BACKGROUND:

With the number of bad behaviors and illegal actions, ACP's code of conduct has is reviewed to hold all sports persons accountable for their actions so that the activities of the ACP could flourish in a congenial environment.

4. VALUES

- i. To outline incorrect and unacceptable actions/behaviors of sports persons and to encourage ethical behavior, so that when the code is contravened the appropriate disciplinary action can be taken, thus responding to offences and preventing re-occurrence.
- ii. To help to resolve conflict.
- iii. To make ethical behavior infringement easy to identify.
- iv. To enhance the ethical reputation of sports persons.
- v. To promote respect for human dignity, rights and social justice.

5. ETHICAL PRINCIPLES

Provide a framework for all the persons related to ACP and its activities to behave according to the following ethical principles:

- i. Embrace the spirit of fair play;
- ii. Respect the rights, dignity and worth of every human being;
- iii. Being fair, considerate, honest and respect for the law;
- iv. Being trustworthy and professional, accepting responsibilities for their action;

- v. Refraining from any racial, gender, verbal, physical or emotional abuse or harassment;
- vi. Always making a positive contribution and refraining from destructive criticism;
- vii. Always acting in the interest of Alpine Club of Pakistan;

ATHLETES

- i. Conform to ACP's code of conduct.
- ii. Equally hard work not only for individual performance but team as a team member for whole team also.
- iii. Respect the rules and participate in the spirit of fair play.
- iv. Display high standards of behavior that promote a positive image for the sport.
- v. Do not argue with the technical officials, managers etc.
- vi. Respect for other fellow athletes and officials.
- vii. Pride of participation should balance the will to win.
- viii. Give my teammates positive inputs and feedback.
- ix. Respect the usage of facilities and equipments prescribed for an event.
- x. Commit to the fight against banned substances in sport.
- xi. Commit to the WADA code of conduct and contribute to fight drug abuse.
- xii. Resist all forms of corruption, pressures and other compelling circumstances, which go against the spirit of fair play.
- xiii. Display exemplary behavior in and out of play, promoting fair play in sport.
- xiv. As sports men and women discourage the promotion of tobacco and other addiction prone products in ACP activities.
- xv. Commit and cooperate with all medical and testing protocols.
- xvi. Commit not to participate in any activity of parallel association/federation or club/organization banned by ACP.
- xvii. Commit not to bring ACP and its activities into disrepute.

6. TECHNICAL OFFICIALS

- i. Conform to ACP's code of conduct.
- ii. Make sure that the game is played in the spirit of fair play.
- iii. Ensure that all equipment and facilities comply with the specified by ACP and International Federation.
- iv. Not tolerate unacceptable conduct toward officials, athletes, spectators or ourselves.
- v. Disclose personal interest by all participants/officials at all levels.
- vi. Handle all conflicts firmly but with dignity.
- vii. Display exemplary behavior in and out of play, promoting fair play in sport.
- viii. To meet the high standard of officiating.
- ix. Make available to discussion issues before and after the game.
- x. Commit to the fight against banned substances in sport.
- xi. Submit to the WADA code of conduct.
- xii. As technical officials discourage the promotion of tobacco and products that may intoxicate.
- xiii. Resist all forms of corruption, pressures and other compelling circumstances, which go against the spirit of fair play.

- xiv. Commit not to participate in any activity of parallel association/federation or club/organization banned by ACP.
- xv. Respect other officials and athletes.

7. COACHES

- i. Conform to ACP's code of conduct.
- ii. Make sure that athletes play the game in the spirit of fair play.
- iii. Ensure that confidentiality of player's affairs is respected.
- iv. Ensure that athletes know how to manage conflict resolution and stress and use good judgment.
- v. Be generous with praise and give the team positive inputs and feedback.
- vi. Develop to meet a high standard of coaching.
- vii. Commit to the fight against banned substances in sport.
- viii. Submit to the WADA code of conduct.
- ix. As coach discourage athletes to promote tobacco and alcoholic products in sport.
- x. Resist all forms of corruption, pressures and other compelling circumstances, which go against the spirit of fair play.
- xi. Respect other coaches, officials and athletes.
- xii. Encourage individuals to continue their participation in sport.
- xiii. Ensure that all equipment and facilities comply with the specified by ACP and international federation.
- xiv. Commit and cooperate with all medical and testing protocols.
- xv. At no time become intimately and/or sexually involved with any athlete.
- xvi. Commit not to participate in any activity of parallel association/federation or club/organization banned by ACP.
- xvii. In the case of minors, communicate and cooperate with the athlete's parents or legal guardians, involving them in management decisions pertaining to their child's development.

8. PARENTS AND GUARDIANS

- i. Conform to ACP's code of conduct.
- ii. Teach their child to follow the rules of the game and respect all the sports persons.
- iii. Teach the child to respect the efforts of opponent.
- iv. Focus on child performance not score.
- v. Thankful to the volunteers, coaches, technical officials and managers for carrying out activities.
- vi. Do not ridicule performance of his own child or any other athlete.
- vii. Never use bad language that may harass technical officials, judges, coaches, managers etc.
- viii. Display high standards of behavior that promote a positive image of parent/ guardian.
- ix. Respect for other sports persons and persons associated with the activities of ACP.
- x. Do not interfere into the affairs of ACP.
- xi. Respect the usage of facilities and equipments prescribed for an event.
- xii. Keep safe the children from banned substances in sport.

- xiii. Avoid all forms of corruption, pressures and other compelling circumstances, which go against the spirit of fair play.
- xiv. Display exemplary behavior while witnessing the events and interacting with the persons associated with the activities of ACP.
- xv. To discourage their children to use of tobacco and products of addiction.
- xvi. Commit and cooperate with organizers of the event and officials of the ACP.
- xvii. Commit not to bring our sport into disrepute.

10. GLOSSARY

ATHELETE

A participant of a competitive, recreational or any other activity organized by ACP.

SPORT:

All the activities of ACP including competitive, recreational and other events.

SPORTS PERSONS:

Any person related to competitive or recreational activity of ACP i.e. Athlete, Coach, Judge, Referee, Manager, technical official etc.

TECHNICAL OFFICIAL:

Judge, umpire/referee, belayer, starter, scorer, timekeeper, linesperson, classifier etc.
Persons, who enforce the rules, facilitate event and control the play of the participation of athletes and coaches in the competition.

COACH:

Persons, who are authorized or certified trainers by the ACP.

FAIR PLAY:

Much more than playing within the rules.

It incorporates the concepts of friendships, respect for others and always playing in the right spirit. Fair play is defined as a way of thinking, not just a way of behaving. It incorporates issues concerned with the elimination of cheating, sportsmanship, doping, violence (both physical and verbal), exploitation, unequal opportunities, excessive commercialization and corruption.”

BRINGING THE SPORT INTO DISREPUTE:

Tarnish the name of the sport.

Damage the reputation or image of the sport.

Bring the sport into dishonour.

Cause the sport to lose prestige.

Bring the sport into discredit.

Scandalise the sport.

Disgrace the sport.

INTERNATIONAL STANDARD:

A standard prescribed by International Federation.

A standard prescribed by a national federation.

NATIONAL FEDERATION:

Means Alpine Club of Pakistan as the only authority for the administration and control Mountaineering, Sport Climbing, Rock/Ice Climbing and Trekking and other allied activities.

WADA: The World Anti-Doping Agency.

Enforces rules & regulations which govern the abuse of ban substances in sport worldwide.

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